



Welcome to your free Express Start breakfast.

Kellogg's cereals

Choose from a selection of delicious Kellogg's cereals, with chilled semi-skimmed or whole milk:

- Cornflakes
- Fruit & Fibre
- Frosties

Muesli

Fill up with a tasty bowl of muesli with chilled semi-skimmed or whole milk.

Healthy Balance Smooth yogurt

Pick from a selection of delicious, low-fat Müller yogurts.

Natural yogurt

Delicious on its own, or combine it with fresh fruit for a tasty breakfast.

Fruit segments

Enjoy a generous helping of grapefruit or orange segments.

Fresh fruit

Find your favourite in today's selection of fresh fruit.

Fruit juice

Choose your favourite from our chilled selection.

Warm pastries

Indulge with a flaky croissant smothered in butter or your choice of preserves..

Breads

No breakfast would be complete without toast so choose from white or brown bread or take a bite out of our crusty bread rolls.

Cheese

Pick up sliced cheese from the chiller to enjoy the perfect accompaniment to your bread rolls.

Hot favourites

Get a warm glow from a choice of scrambled eggs, baked beans and sausages.

Coffee

Choose from a range of coffees including cappuccino, latte and decaffeinated.

hot drinks

Make your breakfast complete with a delicious, hot cuppa:

- Everyday Tea
- Earl Grey Tea
- A range of Fruit and Herbal Infusions